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DESCRIPTION

BEVERAGE AND MEDICAMENT CONTAINING BAMBOO EXTRACT AS A MAIN
INGREDIENT

TECHNICAL FIELD

The present invention relates to a beverage containing bamboo extract as a main ingredient, for details, a beverage containing bamboo extract as a main ingredient which is useful for amelioration of diabetes, cancer, life-style related diseases or the like.

BACKGROUND ART

It has been hitherto known that the six major nutrients (water, carbohydrate, protein, lipid, mineral, and vitamin) are necessary to maintain human health.

However, a modern food life in Japan, which is called "westernization of food life", tends to decrease the amount of ingested cereals, vegetables, seaweeds, beans, and fishes and the like because the food life is largely composed of meats. This causes a problem that nutrients from vegetables or the like are deficient.

To solve the above problem, supplements are prevailed and ingested by many people because they can easily make up the lack of nutrients. For example, it is proposed to take supplements as a simple means to make up the lack of nutrients

missing in the modern food life in the patent literatures-1 and -2. Thus, the supplements are important in the sense of making up insufficient nutrients.

However, taking supplements can cause some problems. One of the problems is an excess ingesting of nutrients obtained from the supplements according to the idea that the supplements are good for health. Another is that a sense of reassurance from taking the supplements every day results in breaking the food life much more.

In addition to such food life, irregular life-style, lack of exercise, stress and the like cause many diseases such as diabetes, cancer, allergies, life-style related diseases and so on. The above has become a serious social problem.

DISCLOSURE OF THE INVENTION

The present invention is, considering the above-mentioned actual circumstances, a beverage containing bamboo extract as the main ingredient. An object of the present invention is amelioration of diseases, including diabetes, complications of diabetes, cancer, hepatic dysfunction, stiff shoulder, atopy, allergy, pollinosis, life-style related diseases, climacteric disorders, recovery from fatigue, recovery of vitality, rheumatism, neuralgia, insomnia, constipation, diarrhea, body odor, chloasma, freckle, wrinkles, dandruff, itch of tinea pedis, chapped skin, accelerating hair growth, frozen shoulder, and peritendinitis

by drinking a beverage containing bamboo extract as the main ingredient or applying it to affected parts.

The above-mentioned object of the present invention is achieved effectively by a beverage containing, as the main ingredient, bamboo extract obtained through the process comprising the steps of immersing bamboo in water and extracting the bamboo extract with heating the water to 95°C or higher and maintaining the temperature for a period of 2 hr 45 min to 3 hr 15 min.

In addition, the above-mentioned object of the present invention is achieved more effectively by a beverage containing, as the main ingredient, bamboo extract obtained through the process comprising the steps of immersing bamboo in water and extracting the bamboo extract with heating the water to 95°C or higher and maintaining the temperature for a period of 2 hr 45 min to 3 hr 15 min wherein the beverage is mixed with herbs. Alternatively the above-mentioned object of the present invention is achieved more effectively by a beverage containing, as the main ingredient, bamboo extract obtained through the process comprising the steps of immersing bamboo in water and extracting the bamboo extracts with heating the water to 95°C or higher and maintaining the temperature for a period of 2 hr 45 min to 3 hr 15 min wherein the beverage is mixed with spices.

Furthermore, the above-mentioned object of the present invention is achieved effectively by a beverage containing, as the main ingredient, bamboo extract obtained through the

process comprising the steps of immersing bamboo in water and extracting the bamboo extract with heating the water to 95°C or higher and maintaining the temperature for a period of 2 hr 45 min to 3 hr 15 min wherein the beverage is mixed with sodium hyaluronate.

The above-mentioned object of the present invention is achieved by a beverage containing, as the main ingredient, *Phyllostachys heterocyclabamboo* extract.

BEST MODE FOR CARRYING OUT THE INVENTION

A beverage containing bamboo extract as the main ingredient of the present invention may contain the bamboo extract from *Phyllostachys bambusoides*, *Pleioblastus hindsii* or the like, more preferably *Phyllostachys heterocycla*.

Preparing process to obtain the beverage containing bamboo extract as the main ingredient of the present invention is described below.

First, bamboo is cut to have the same length for being adjusted to the size of a container and further split longitudinally 3 to 5 [cm] wide. The split bamboo pieces are bundled by 20 to 30 pieces. The bamboo pieces are immersed in water in a container. The water is heated to 95°C or higher and the temperature is maintained for a period of 2 hr 45 min to 3 hr 15 min. Subsequently, a beverage containing bamboo extract as the main ingredient are obtained by taking the bamboo pieces out of the water with maintaining the temperature of 95°C

or higher.

The bamboo extract may be mixed with herbs depending on the necessity by adding them in the steps of immersing bamboo in water and heating the water to 95°C or higher. Herbs include, but are not limited to, rosemary, marjoram, leaf of red perilla, fennel, thyme, spearmint, lemon grass and the like. Another herb or a plurality of herbs may be used. Amount of the herbs mixed into the bamboo extract is not limited, but preferably about 2% in the beverage containing bamboo extract as the main ingredient of the present invention.

In addition, the bamboo extract may be mixed with spices by adding them in the steps of immersing the bamboo in water and heating the water to 95°C or higher. Spices include, but are not limited to, stems of red perilla, honey, royal jelly and the like. Another spice or a plurality of spices may be used. Amount of spices mixed into the bamboo extract is not limited, but preferably about 10% in the beverage containing bamboo extract as the main ingredient of the present invention. The bamboo extract may be mixed with both herbs and spices.

The beverage containing bamboo extract as the main ingredient extracted from the above method contains minerals such as calcium, potassium, zinc, magnesium, iron, phosphorus and the like and vitamins such as vitamin B1, vitamin B2, vitamin B6, niacin, carotene and, especially, has an abundance of calcium, magnesium, zinc, and potassium.

Calcium acts to maintain the strength of bones and teeth,

blood coagulation, activity of muscles, neurotransmission, regulation of the heartbeat, and the like. It is known that a calcium deficiency causes numbness of limbs, muscle convulsions, heart palpitations, insomnia, osteoporosis, and edema and the like.

Magnesium is a mineral needed for metabolism of carbohydrates, lipids, proteins, calcium, phosphorus and kalium. It is known that a magnesium deficiency causes myalgia, emotional instability, hypotension, nervous erethism, hysteria and the like.

Zinc is a mineral needed for absorption and activity of the B-complex vitamins. It is known that a zinc deficiency causes a decline in learning ability, edema, fatigue, high cholesterol, decrease in appetite, dysgeusia, bad blood circulation, delay in recovery from injury, white spots on nails and the like.

Kalium is a mineral needed for maintaining osmotic pressure in cells by attracting the water with sodium and transporting substances inside and outside cells. It is known that a kalium deficiency causes hypertension, strokes, lethargy, arrhythmia, cardiac failure, anorexia, constipation, dysuria, weakening muscles, edema and the like.

The bamboo can be used preferably to ameliorate diseases such as diabetes, complications of diabetes, cancer, hepatic dysfunction, stiff shoulder, atopy, allergies, pollinosis, life-style related diseases, climacteric disorders, recovery

from fatigue, recovery of vitality, rheumatism, neuralgia, insomnia, constipation, diarrhea, body odor, chloasma, freckles, wrinkles, dandruff, itch from tinea pedis, chapped skin, accelerating hair growth, frozen shoulder, peritendinitis and the like because the bamboo is a natural ingredient and can be ingested safely.

Diabetes is one of the life-style related diseases and mainly caused by obesity, high fat, lack of exercise and the like. The diabetes develops when the secretory ability of insulin decreases or insulin does not fulfill its function.

The diabetes is generally treated by diet therapy. In the diet therapy, diabetic patients must cut down on ingesting food to decrease the amount of ingested calorie. Consequently, the amounts of ingested minerals and vitamins tend to decrease necessarily. In addition, magnesium and zinc especially are deficient in diabetic patients because sugars, magnesium, and zinc in diabetic patients are simultaneously discharged into the urine. Magnesium cannot help the activity of B-complex vitamins and coenzymes if magnesium is deficient in a human body. Since an enzyme operating to ATPs (adenosine triphosphate) cannot be helped in particular, the magnesium deficiency in diabetic patients makes them more susceptible to complications of diabetes such as arteriosclerosis, angina pectoris, cardiac infarction, retinopathy, cerebral infarction and the like.

Furthermore, functions of T-lymphocytes, especially SOD (superoxide dismutase), decline when zinc is deficient in

a human body. The zinc deficiency in diabetic patients makes them more susceptible to complications of diabetes such as infectious disease, ulcer, retinal detachment, macular degeneration, anosmia, ageusia and the like.

Consequently, the diabetic patients can effectively ingest magnesium and zinc by drinking the beverage containing bamboo extract as the main ingredient of the present invention, resulting in amelioration and prevention of complications of diabetes.

In addition, the reasons are not clear why drinking the beverage containing bamboo extract as the main ingredient of the present invention causes decreases in the blood glucose level and secretion of insulin but it may be considered as below.

Calcium are ionized into calcium ions in a human body. Secretory granules containing insulin are transported out of cells when the calcium ion concentration increases in the cells. Since the beverage containing bamboo extract as the main ingredient of the present invention contains much calcium as mentioned above, it is considered that the calcium ion concentration increases in the body and secretory granules containing insulin are transported out of the cells.

The reason can be explained as below why the beverage containing bamboo extract as the main ingredient of the present invention can ameliorate not only the diabetes but also cancer.

First, when cancer cells develop, NK (natural killer) cells act before the cells of the immune system act. NK cells

recognize and kill infected or malignant cells (cancer cells) by directly contacting other cells in the body.

Second, macrophages having recognized cancer cells secrete interleukin-1. Furthermore, they stimulate helper/inducer T-cells to secrete interleukin-2. Remains phagocytosed by macrophages are attached by major histocompatibility complexes MHC-1 and MHC-2, and are ferried to the cell surface. The remains attached by MHC-1 contact with T₈-lymphocyte when they come close to the cell surface. T₈-lymphocytes activate and proliferate cytotoxic T-cells, which are the killer cells. T₈-lymphocytes produce simultaneously suppressor T-cells, which regulate to produce antibodies. Cytotoxic T-cells are able to phagocytose cancer cells in an early stage, and plasma cells are produced by suppressor T-cells. The plasma cells are stimulated by the interleukin-2 and produces immunoglobulin IgG. Immunoglobulin IgG dissolves membranes of cancer cells and they are vanished.

However, the decline of immunological function by stress or irregular life and the like causes the activity of NK-cells retarded and accelerates the cancer cell growing rate. Since some disorders in T-lymphocytes result from the declined ability of the entire immunological function, the plasma cells and immunoglobulin IgG cannot be produced. The cancer cells are unable to be vanished and further begin to proliferate if the immunoglobulin IgG are not produced. Since if the cancer

cells form a membrane in proliferating, leukocytes cannot enter them to make them vanished, they further proliferate and impair the functions of the internal organs around them.

The beverage containing bamboo extract as the main ingredient of the present invention contains a growth hormone, cytokinin, which is present only in plants. Cytokinin is a generic term for the substance that has the same function as kinetin (6-furfurylaminopurine), which is a biologically active substance isolated from catabolites of DNA (deoxyribonucleic acid) as a substance promoting cell growth in plant tissue cultures. Many cytokinins are known such as purine derivatives, urea derivatives, azapurine derivatives, and deazapurine derivatives of kinetin. Cytokinin has a common function that is a growth-regulating activity in each organ of plants. The cytokinin acts as interleukin-1 or -2 and stimulates the plasma cells to secrete immunoglobulin IgG, when it enters the body of cancer patients. The immunoglobulin IgG lyses the membrane with which a cancer cell is covered. Leukocytes are able to invade and vanish the cancer cell as the membrane disappears.

In addition, the beverage containing bamboo extract as the main ingredient of the present invention contains abscisic acid, which has a high reducing power. Decreased functions of organs caused by the presence of cancer cells are recovered by abscisic acid.

The beverage containing bamboo extract as the main

ingredient of the present invention is able to ameliorate diseases besides diabetes and cancer such as allergy, atopy, and pollinosis.

The immunoglobulin IgE receptor is present on an adiposis cell. If immunoglobulin IgE binds to the IgE receptor prior to IgE antibody, an allergic reaction does not occur. However if IgE antibody binds to IgE receptor prior to immunoglobulin IgE, an antigen-antibody reaction occurs and immunoglobulin IgE reacts to allergens such as histamine and heparin and the like, resulting in an allergic reaction.

The beverage containing bamboo extract as the main ingredient of the present invention contains cytokinin as mentioned above. The cytokinin replenishes interleukin-1 or -2 and binds to the IgE receptor prior to IgE antibody, resulting in the fact that the allergy or atopy reaction does not occur.

The beverage containing bamboo extract as the main ingredient of the present invention is able to ameliorate diseases caused by aging or abnormality of hormone balance such as climacteric disorder, recovery from fatigue, recovery of vitality, neuralgia, chloasma, freckles, wrinkles, accelerating hair growth, and the like besides diabetes, cancer, allergies, and atopy.

It is considered that cytokinin in the beverage of the present invention is able to ameliorate disadvantageous actions caused by aging of cells by delaying the onset of morphological alterations associated with aging as mentioned above.

The cause would be clarified in the further research why the beverage containing bamboo extract as the main ingredient of the present invention has surprising effects to ameliorate stiff shoulder, frozen shoulder, peritendinitis, rheumatism, constipation, diarrhea, chapped skin, body odor, dandruff, itch of tinea pedis and so on besides the diseases mentioned above. However, the cause is considered that the blood flow is notably ameliorated after ingesting the beverage containing bamboo extract as the main ingredient of the present invention and cytokinin stimulates plasma cells to secrete immunoglobulin, resulting in the improvement in immunity.

The beverage containing bamboo extract as the main ingredient of the present invention ameliorates various diseases not only by drinking it but also applying it to the affected parts. For example, stiff shoulder is able to be ameliorated by directly applying the beverage containing bamboo extract as the main ingredient of the present invention to the shoulder (affected part). Furthermore, the beverage containing bamboo extract as the main ingredient of the present invention can make it easier to apply it by being mixed with aloe-containing cream.

In addition, a satiety center is stimulated by applying the beverage containing bamboo extract as the main ingredient of the present invention to the upper surface of stomach, and the patients with insomnia can sleep spontaneously and deeply (amelioration of insomnia).

Furthermore, hair growth effect can be improved more by mixing the beverage containing bamboo extract as the main ingredient of the present invention with aloe and capsaicin.

We prepared a medicament that mixed the beverage containing bamboo extract as the main ingredient of the present invention with sodium hyaluronate, which has a moisturizing effect. The medicament can ameliorate effectively stiff shoulder, frozen shoulder, diabetes and peritendinitis by applying it. In the above-mentioned medicament, it is preferable that the component part comprising the bamboo extract of the present invention for a beverage is contained at 15%-25% of the whole medicament, with sodium hyaluronate being at 0.2%-2%. One or more other components such as preservative, alcohol, and the like can be contained alone or in combination thereof.

Examples of the beverage containing bamboo extract as the main ingredient of the present invention are concretely explained below, but the present invention is not limited to these examples.

EXAMPLE

Example-1

We prepared a beverage containing bamboo extract as the main ingredient of the present invention and examined patients who had drunk it for the purpose of testing it. The examination was conducted by observing the patients' blood glucose level before and after drinking the beverage. The tested patients

were diabetic patients 1-5 (four males, one female, age range 42-62), asked to drink the beverage for one week. The patients 1, 4, and 5 drank 200 [ml] of the beverage after getting up every morning. The patients 2 and 3 each drank 100 [ml] of the beverage on an empty stomach three times per day.

Table 1 shows the patients' blood glucose level before drinking the beverage, their blood glucose level after three days of drinking it, and the condition of drinking it.

Table-1

PATIENT	SEX	AGE	Blood glucose level before drinking the beverage	Blood glucose level after drinking the beverage	Condition of drinking the beverage
Patient 1	female	54	325	160	Drinking 200 [ml] of the beverage after getting up every morning
Patient 2	male	42	430	170	Drinking 100 [ml] of the beverage on an empty stomach three times per day
Patient 3	male	47	380	165	Drinking 100 [ml] of the beverage on an empty stomach three times per day

Patient 4	male	5 2	3 9 3	1 6 0	Drinking 200 [ml] of the beverage after getting up every morning
Patient 5	male	6 2	4 2 5	1 3 5	Drinking 200 [ml] of the beverage after getting up every morning

As shown in the above Table-1, it was demonstrated that the beverage has clinical significance for diabetes because the blood glucose levels of the patients 1-5 decreased after they drank it.

The patient 2 drank the beverage for another one week, resulting in the blood glucose level of the patient 2 decreasing to "130".

In addition, the beverage was mixed with an aloe containing cream by a ratio of 1:4, and the mixture was applied to palm, planta, and belly of the patient 3 at bedtime. Insulin secretion was observed in the patient 3 after one month, although the insulin had not been secreted until then. It was demonstrated that the beverage containing bamboo extract as the main ingredient of the present invention has clinical significance for diabetes because not only drinking it but also applying it causes the amelioration of diabetes.

Example-2

We prepared the beverage containing bamboo extract as the main ingredient of the present invention and examined the

patients who had drunk it for the purpose of testing it. The examination was conducted by observing the patients' health status before and after drinking the beverage. The tested patients were cancer patients 6-9 (three males, one female, age range 51-67), asked to drink the beverage for two weeks. The patients each drank 200 [ml] of the beverage on an empty stomach three times per day.

Table-2 shows the patients' health status before drinking the beverage, their health status after two weeks of drinking it, and the condition of drinking it.

Table-2

PATIENT	SEX	AGE	Health status of patients before drinking	Health status of patients after drinking	Condition of drinking the beverage
Patient 6	male	64	Terminal stage of stomach cancer. Three months of life expectancy	Recovery to the extent to be able to have an operation after one month	Drinking 200 [ml] of the beverage on an empty stomach three times per day
Patient 7	male	67	Colon cancer. Four months of life expectancy	Discharged from the hospital and recovery to the extent to be able to work on a farm after one	Drinking 200 [ml] of the beverage on an empty stomach three times per day

				month	
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Patient 8	male	6 5	Liver cancer. One month of life expectancy	After two weeks, disappeared choloplasia and discharged from the hospital	Drinking 200 [ml] of the beverage on an empty stomach three times per day
Patient 9	female	5 1	Uterine cancer developed systemic metastasis	Suppression of cancer progression	Drinking 200 [ml] of the beverage on an empty stomach three times per day

As shown in the above Table-2, the patients 6-8 recovered to the extent that they were able to have an operation and be discharged from the hospital, and cancer progression of the patient 9 was suppressed. As a result, it was demonstrated that the beverage containing bamboo extract as the main ingredient of the present invention has a clinical significance for cancer.

Example-3

We prepared the beverage containing bamboo extract as the main ingredient of the present invention and examined patients who had drunk it for the purpose of testing it. The examination was conducted by observing the patients' health status before and after drinking the beverage. The tested patients were patients with pollinosis (patients with allergy) 10-13 (two males, two female, age range 35-52), asked to drink the beverage from January before dispersal of Japanese cedar

pollen. The patients drank 200 [ml] of the beverage after getting up every morning.

Table-3 shows the patients' health status before drinking the beverage (status of pollinosis developing every year), the patients' health status after drinking it from January (on the day of Japanese cedar pollen dispersing), and the condition of drinking it.

Table-3

PATIENT	SEX	AGE	Status of patients before drinking the beverage	Status of patients after drinking the beverage	Condition of drinking the beverage
Patient 10	male	52	severe rhinitis by pollinosis	Sometimes having a runny nose	Drinking 200 [ml] of the beverage after getting up every morning from January
Patient 11	female	35	severe rhinitis by pollinosis	Recovery from rhinitis	Drinking 200 [ml] of the beverage after getting up every morning from January

Patient 1 2	female	4 4	severe rhinitis by pollinosis	Blowing nose once in a while	Drinking 200 [ml] of the beverage after getting up every morning from January
Patient 1 3	male	4 2	severe rhinitis by pollinosis	Recovery from rhinitis	Drinking 200 [ml] of the beverage after getting up every morning from January

As shown in the above Table-3, it was demonstrated that the beverage containing bamboo extract as the main ingredient of the present invention has clinical significance for allergies like pollinosis because severe rhinitis in the patients 10-13 pestered with pollinosis every year were ameliorated after they drank it.

Furthermore, after the patient 11 applied the beverage to her eyes, itching of eye specific for the pollinosis was able to be prevented. As a result, it was demonstrated that the beverage has clinical significance for the allergies like pollinosis by not only drinking it but also applying it.

Example-4

We prepared the beverage containing bamboo extract as the main ingredient of the present invention and examined patients who had drunk it for the purpose of testing it. The examination was conducted by observing the patients' health

status before and after drinking the beverage. The tested patients were patients 14-17 (four males, zero female, age range 53-56) with abnormality of hormone balance caused by climacteric disorder, asked to drink the beverage for two weeks. The patients drank 50-200 [ml] of the beverage after getting up every morning.

Table-4 shows the patients' health status before drinking the beverage, the patients' health status after drinking it, and the condition of drinking it.

Table-4

PATIENT	SEX	AGE	Status of patients before use	Status of patients after use	Condition of use
Patient 14	male	55	Not being able to move arm caused by frozen shoulder	Coming to be able to move arm	Drinking 50 [ml] of the beverage after getting up every morning
Patient 15	male	53	Not being able to grip objects caused by peritendinitis	Coming to be able to grip objects	Drinking 100 [ml] of the beverage after getting up every morning
Patient 16	male	54	Not being able to move arm and foot in pain	Able to move arm and foot, and in therapy now	Drinking 100 [ml] of the beverage after getting up every morning

Patient 17	male	56	Having no hair	Sprouting thin hairs after two weeks	Drinking 200 [ml] of the beverage after getting up every morning
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As shown in the above Table-4, it was demonstrated that the beverage has clinical significance for abnormality of hormone balance like climacteric disorder because pains in the patients 14-17 pestered with the abnormality of hormone balance like climacteric disorder were ameliorated by drinking it.

Example-5

We prepared a medicament, which is the beverage containing bamboo extract as the main ingredient of the present invention containing 1% sodium hyaluronate, and examined patients who had applied it for the purpose of testing it. The examination was conducted by observing the patients' health status before and after applying the medicament. The tested patients were patients 18-21 with abnormality of hormone balance like climacteric disorder (four males, zero female, age range 55-64), asked to apply the medicament to the affected part for two weeks.

Table-5 shows the patients' health status before applying the medicament which is the beverage containing bamboo extract as the main ingredient of the present invention containing 1% sodium hyaluronate, the patients' health status after applying it, and the condition of use.

Table-5

PATIENT	SEX	AGE	Status of patients before use	Status of patients after use	Condition of use
Patient 18	male	55	Not being able to move arm caused by frozen shoulder	Able to move arm	Spraying the medicament on the affected part
Patient 19	male	56	Not being able to move arm caused by frozen shoulder	Able to move arm	Spraying the medicament on the affected part
Patient 20	male	61	Not being able to grip objects caused by peritendinitis	Able to grip objects	Spraying the medicament on the affected part
Patient 21	male	64	Not being able to walk by pain of knee	The pain disappeared and foot felt light	Spraying the medicament on the affected part

As shown in the above Table-5, it was demonstrated that the medicament which is the beverage containing bamboo extract as the main ingredient of the present invention containing 1% sodium hyaluronate has clinical significance for abnormality of hormone balance like climacteric disorder because pains in the patients pestered with the abnormality of hormone balance like climacteric disorder were ameliorated by spraying it on the affected part.

Example-6

We prepared the beverage containing bamboo extract as the main ingredient of the present invention and examined patients who had drunk it for the purpose of testing it. The examination was conducted by observing the patients' health status before and after drinking the beverage. The tested patients were patients suffering from constipation 22-25 (two males, two females, age range 35-72), asked to drink the beverage for one week. The patients drank 100 [ml] of the beverage.

Table-6 shows the patients' health status before drinking the beverage, the patients' health status after drinking it, and the condition of drinking it.

Table-6

PATIENT	SEX	AGE	Status of patients before use	Status of patients after use	Condition of use
Patient 2 2	male	6 4	Having a bowel movement every three days despite of taking cathartic	A bowel movement once a day	Drinking 100 [ml] of the beverage every morning and before bedtime
Patient 2 3	male	3 5	Having a bowel movement every three days despite of taking cathartic	A bowel movement after breakfast	Drinking 100 [ml] of the beverage after getting up every morning

Patient 2 4	female	4 4	Not having a bowel movement until taking cathartic and having an enema	A bowel movement after breakfast	Drinking 100 [ml] of the beverage after getting up every morning
Patient 2 5	female	7 2	Having a bowel movement every three days despite of taking cathartic	A bowel movement on the next day	Drinking 100 [ml] of the beverage every morning and before bedtime

As shown in the above Table-6, it was demonstrated that the beverage has clinical significance for constipation because constipation in the patients 22-25 ameliorated by drinking it.

Example-7

We prepared the beverage containing bamboo extract as the main ingredient of the present invention and examined patients who had applied it for the purpose of testing it. The examination was conducted by observing the patients' health status before and after applying the beverage. The tested patients were patients suffering from insomnia 26-29 (three males, one female, age range 39-49), asked to apply the beverage to the belly for one week before bedtime.

Table-7 shows the patients' health status before applying the beverage, the patients' health status after applying it, and the condition of applying it.

Table-7

PATIENT	SEX	AGE	Status of patients before use	Status of patients after use	Condition of use
Patient 26	male	45	Unable to sleep despite of taking hypnotic twice as much as optimum dose	Could sleep deeply without taking hypnotic until morning	Applying the beverage to the belly before bedtime
Patient 27	male	49	Unable to sleep despite of taking hypnotic twice as much as optimum dose	Could sleep deeply without taking hypnotic until morning	Applying the beverage to the belly before bedtime
Patient 28	female	44	Unable to sleep despite of taking hypnotic at optimum dose	Could sleep deeply without taking hypnotic until morning	Applying the beverage to the belly before bedtime
Patient 29	male	39	Unable to sleep despite of taking hypnotic twice as much as optimum dose	Could sleep deeply without taking hypnotic until morning	Applying the beverage to the belly before bedtime

As shown in the above Table-7, it was demonstrated that the beverage has clinical significance for insomnia because insomnia in the patients 26-29 ameliorated by applying it to the belly.

Example-8

We prepared the beverage containing bamboo extract as

the main ingredient of the present invention and examined patients who had applied it for the purpose of testing it. The examination was conducted by observing the patients' health status before and after applying the beverage. The tested patients were patients pestered with wrinkles and chloasma 30-31 (zero male, two females, age range 66-70), asked to apply the beverage to the affected part.

Table-8 shows the patients' health status before applying the beverage, the patients' health status after applying it, and the condition of applying it.

Table-8

PATIENT	SEX	AGE	Status of patients before use	Status of patients after use	Condition of use
Patient 30	female	66	A lot of fine-wrinkles and chloasma in an entire body	After two months, chloasma were getting light, and the number of fine-wrinkles decreased	Applying the beverage to an entire body after taking a bath
Patient 31	female	70	Concerning about chloasma in the face	After three months, chloasma were getting light	Applying the beverage to the face after taking a bath

As shown in the above Table-8, it was demonstrated that the beverage has clinical significance for wrinkles and chloasma because wrinkles and chloasma in the patients 30-31 ameliorated by applying it to the affected part.

ADVANTAGEOUS EFFECT OF THE INVENTION

A beverage containing bamboo extract as the main ingredient of the present invention can ameliorate diseases such as diabetes, complications of diabetes, cancer, hepatic dysfunction, stiff shoulder, atopy, allergies, pollinosis, life-style related diseases, climacteric disorder, recovery from fatigue, recovery of vitality, rheumatism, neuralgia, insomnia, constipation, diarrhea, body odor, chloasma, freckle, wrinkles, dandruff, itch of tinea pedis, chapped skin, accelerating hair growth, frozen shoulder, and peritendinitis by drinking or applying it to the affected part. The present invention can heal and prevent life-style related diseases and the like, which has become a social problem.

INDUSTRIAL APPLICABILITY

The beverage containing bamboo extract as the main ingredient of the present invention can provide a beverage that is useful for treating diseases such as diabetes, complications of diabetes, cancer, hepatic dysfunction, stiff shoulder, atopy, allergies, pollinosis, life-style related diseases, climacteric disorder, recovery from fatigue, recovery of

vitality, rheumatism, neuralgia, insomnia, constipation, diarrhea, body odor, chloasma, freckle, wrinkles, dandruff, itch of tinea pedis, chapped skin, accelerating hair growth, frozen shoulder, peritendinitis or the like.

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